

# ***Eyebrow Aftercare***

**Day 0** - With a very light touch, use your fingertips to gently wash every couple hours before bed to remove bacteria, build up of product, oils, dead skin & blood.

- Use water and an antibacterial/mild soap like Dial Soap, Cetaphil, dove or Neutrogena. Rub the area in a smooth motion for 5 seconds and rinse with water ensuring that all soap is rinsed away. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)

Apply a very thin layer of aquaphor with your clean fingertip to the area after each wash.

## **Days: 1-4 Moisturize/ No Water**

Apply a rice grain amount of aftercare ointment (aquaphor) with clean fingertip and spread it across the treated area 2-3x per day, as needed for moisture.

- Be sure not to over-apply, as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin.

\*NEVER put the ointment on a wet or damp tattoo.

## **Days: 5-10 (can) Add Water**

Continue with the aftercare ointment as needed for moisture.

You can get the brows wet at this point. No washing, steaming or rubbing the brows. No direct pressure from the shower water on the brows.

Make sure the area is completely air dried for at least 15 minutes before applying the aftercare ointment.

## **Important Reminders**

- Avoid long, hot showers for 10 days. No steaming the brows!
- Use a fresh pillowcase while you sleep.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- Avoid hot, sweaty exercise for 10 days!!!!!!
- Avoid direct sun (tanning) the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- Avoid face-down swimming, lakes, and hot tubs for the first 10 days,
- Avoid topical makeup and sunscreen on the area.
- No chemical treatments or microdermabrasion for 4 weeks after.
- DO NOT rub, pick, or scratch the treated area.
- If you notice any itching with redness, swelling, pustules, bleeding or a wound that isn't healing, discontinue aftercare ointment and notify your artist and family physician for instructions.

