

How to prepare for your eyebrow procedure...

It all starts with a good canvas! The eyebrow area must be healthy, strong, non-sensitive and non-irritated. Here's the do's and don't to get your skin ready for the procedure.

- Do not pick at/tweeze/perfrom laser or electrolysis one week before the procedure.
- Do not tan 2 weeks prior to the procedure (NO SUNBURNS!)
- No chemical facials 2 weeks prior. ie... chemical peels, acids, enzyme peels.
- Do not workout within 5 hours of the procedure.
- No botox 2 weeks before or after.
- No tinting your brows 3 days before and 2 weeks after.
- Avoid retinol and AHA's for 2 weeks prior and after. (ALWAYS avoid the brow area by 1/2inch after the procedure to to prolong the life of the tattoo)
- Do not drink alcohol 24-48hrs prior to appointment.
- Do not consume caffeine within 5 hours of appointment.
- Do not take Asprin or Ibuprofen 48 hours prior. Tylenol is ok for pain relief.